

COVID-19 is the disease you can develop if you are infected with the coronavirus.

It can affect everyone – women and men, young and old, regardless of nationality or religion. And you might be unlucky in that it affects you, despite having done your best to comply with all distance and hygiene rules.

But now, we have vaccines. And when we vaccinate, fewer people get infected and become sick or die.

Although coronavirus vaccines have been developed over a short time, an historic amount of people have been involved in testing them. And the health authorities consider the vaccines to be both well-documented and very safe. Therefore, the health authorities are calling for as many people to be vaccinated as possible.



Getting vaccinated is both voluntary and free of charge. Everyone over the age of 16 is offered the vaccine.

It is the health authorities who decide in which order this takes place. First, it will be all those over the age of 65, and other persons at an increased risk of getting seriously ill from corona. After this, it will be all those between the ages of 16 and 64.

You will be notified via e-Boks, when it is your turn. If you do not have e-Boks, you will receive a letter in the post. Some may also be offered vaccinations through their employer, their municipality of residence, or their doctor.

Once you have received the vaccination offer, you can go to www.vacciner.dk and book an appointment time at one of the region's vaccination centres. If there are no appointment times available when you look, you can check again later that day, or the day after. You must wait to be vaccinated if you have COVID-19, or if you are pregnant, breastfeeding, have a fever over 38 degrees, or have a serious infection such as pneumonia. If in doubt, consult your doctor.

Even if you have been vaccinated, you must continue to follow the Danish Health Authority's advice on distance and hygiene. You can still infect others despite having been vaccinated e.g., through touching shared surfaces.

Be aware that there is a lot of incorrect information online about coronavirus, COVID-19 and vaccines. If you are looking for safe and reliable information, you can visit the Danish Health Authority's website: www.sst.dk. You can also call the joint Danish authorities' hotline on 7020 0233.